

Grandma's Cable & Lace Socks

So my grandmother knit all her adult life. I still have afghans that she made and remember receiving sweaters at the holidays as a child. My main memory of her knitting is that she always had a pair of these socks on the go. She passed away in the late 90's and sadly we didn't save any of her knitting supplies. In fact, she'd been knitting these socks so long that I don't even think that she used a pattern anymore. I recently picked up knitting and wanted to be able to continue in the sock tradition. So I had the socks reverse engineered into a pattern.

Size: Adult Women's size 8-9

Materials: 2 50g balls of fingering weight yarn (approx. 200m/50g).

Note that the original socks were knit with 3ply, which is hard to find. A basic 4ply fingering can be used instead.

Gauge: 30 stitches = 10 cm (4") in SS

Needles: suggest using 2.5mm double pointed, or size needed to obtain gauge

Abbreviations:

Beg = beginning

K = knit

P = purl

St = stitch

SS = stockinette stitch

Dpn = double pointed

Yf = yarn forward

Rnd = round

Cn = cable needle

C6f = slip next 3 sts onto cn and hold in front, k3, k3 from cn

Rem = remaining

Sl = slip

Sl1k = slip 1 st knitwise

Sl1p = slip 1 st purlwise

Ssk = slip, slip, knit

K2tog = knit 2 sts together

P2tog = purl 2 sts together

Wyib = with yarn in back

Rep = repeat

Rs = right side

Ws = wrong side



Socks: (make 2)

Leg: loosely cast on 80 sts onto 1 needle. Transfer and divide sts evenly onto 4 dpn. Join in a round, being careful not to twist, and work in k2, p2 rib for 5cm (2"). Change to cable and lace pattern as follows:

Cable & Lace Pattern:

Rnd 1: *k6, p2, (yf, k3, lift 3rd st over last 2 sts) 3 times, k1, p2, repeat from *

Rnd 2: *k6, p2, k10, p2, repeat from *

Rnd 3: *k6, p2, k1, (yf, k3, lift 3rd st over last 2 sts) 3 times, p2, repeat from *

Rnd 4: *k6, p2, k10, p2, repeat from *

Rnd 5: *k6, p2, (yf, k3, lift 3rd st over last 2 sts) 3 times, k1, p2, repeat from *

Rnd 6: *k6, p2, k10, p2, repeat from *

Rnd 7: * k6, p2, k1, (yf, k3, lift 3rd st over last 2 sts) 3 times, p2, repeat from *

Rnd 8: c6f, p2, k10, p2, repeat from *



Alternatively:

Rnd 1, 5: * k6, p2, (yf, k3, lift 3rd st over last 2 sts) 3 times, k1, p2, repeat from *

Rnd, 2,4,6: *k6, p2, k10, p2, repeat from *

Rnd 3,7: * k6, p2, k1, (yf, k3, lift 3rd st over last 2 sts) 3 times, p2, repeat from *

Rnd 8: c6f, p2, k10, p2, repeat from *

Repeat rounds 1-8, 6 times in total. Then work rounds 1-4 once more. Piece should measure approx. 15cm (6")

Heel Flap:

Reposition needles:

- Knit 3 sts from needle 1 onto needle 4,
- Transfer 1st cable sts from needle 3 onto needle 2.

Turn work and sl 1p and p39 heel stitches onto 1 dpn. Remaining 40 stitches will be worked later for instep.

Work heel as follows:

Row 1 (rs): sl1k, *k1,sl1p wyib, repeat from * ending with a k1

Row 2 (ws): sl1p, p to end

Repeat these two rows until heel measures approx. 6.5cm (2.5"). Then work row 1 once more.

Turning Heel:

Row 1 (ws): p22, p2tog, p1, turn (leaving 15 stitches unworked)
Row 2 (rs): sl1k, k5, ssk, k1, turn
Row 3: sl1p, p6, p2tog, p1, turn
Row 4: sl1k, k7, ssk, k1, turn
Row 5: sl1p, p8, p2tog, p1, turn
Row 6: sl1k, k9, ssk, k1, turn
Row 7: sl1p, p10, p2tog, p1, turn
Row 8: sl1k, k11, ssk, k1, turn
Row 9: sl1p, p12, p2tog, p1, turn
Row 10: sl1k, k13, ssk, k1, turn
Row 11: sl1p, p14, p2tog, p1, turn
Row 12: sl1k, k15, ssk, k1, turn
Row 13: sl1p, p16, p2tog, p1, turn
Row 14: sl1k, k17, ssk, k1, turn
Row 15: sl1p, p18, p2tog, p1, turn
Row 16: sl1k, k19, ssk, k1, turn
Row 17: sl1p, p20, p2tog, p1, turn
Row 18: sl1k, k20, ssk



Gusset (rs):

Pick up and knit 20 stitches along 1 side of heel flap; work instep sts as follows:

K3, p2, and continue the lace pattern over the next 10 sts, p2, continue cable pattern over 10 sts, p2, k3. Pick up and knit 20 stitches along other side of heel flap. K11 heel sts onto last needle. Slip remaining 11 sts onto 1st needle.

Shape Gusset:

Rnd 1:

- Needle 1 – k to last 3 sts, k2tog, k1
- Needle 2 & 3 – continue to work cable & lace pattern as set
- Needle 4 – k1, ssk, k to end

Rnd 2:

- Needle 1 – k
- Needle 2 & 3 - continue to work cable & lace pattern as set
- Needle 4 – k

Repeat rounds 1 & 2 until 80 sts remain.

Toe Shaping:

Rnd 1:

- Needle 1 – k to last 3 sts, k2tog, k1
- Needle 2 – k1 ssk, k to end
- Needle 3 – k to last 3 sts, k2tog, k1
- Needle 4 – k1, ssk, k to end

Rnd 2: k all sts

Repeat rounds 1 & 2 until 24 sts remain. Sl sts from needle 2 onto needle 3 and knit across needle one using needle 4.

Finishing:

Cut yarn, leaving a 30.5cm (12”) tail, thread yarn needle and graft toe sts together using kitcheners t. Weave in loose ends and block lightly.

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